



BROCKLEHURST SECONDARY SCHOOL

985 Windbreak Street
 Kamloops, B.C. V2B 5P5
 Telephone (250) 376-1232 Fax (250) 377-2263
 Web Address: <http://brocksec.sd73.bc.ca>

Meals Program PERMISSION FORM Nov 4-29, 2024, MENU

Student Name _____ Grade _____

Parent / Guardian Signature _____ Amount Enclosed _____
The price is \$7.00 per meal. Cash or cheques only.

SIGN and RETURN no later than **October 18, 2024, to ensure your order**
All meals include juice & cookies with option of an apple or an orange.

DAY	DATE	LUNCH	Snack	Check Selections
Mon	4	Turkey/Roasted Red Pepper Bunwich	Applesauce	
Tues	5	Grilled Cheese Sandwich	Veggies and Dip	
Wed	6	Hotdog/Veggie Dog	Fresh Fruit	
Thurs	7	Three Cheese Pizza	Veggies and Dip	
Fri	8	Crispy Chicken/Chickpea Ceasar Wrap	Fresh Fruit	
Mon	11	Holiday		
Tue	12	Pizza Bagel – Ham/Red Peppers	Yogurt and Granola	
Wed	13	Chicken/Veggie Nuggets	Veggies and Dip	
Thurs	14	Beef/Bean and Cheese Burrito	Fresh Fruit	
Fri	15	Crunchy Chicken/Chickpea Ranch Wrap	Fresh Fruit	
Mon	18	Pita & Tzatziki with veggies	Yogurt and Granola	
Tue	19	Chicken/Refried Bean - Quesadilla	Veggies and Dip	
Wed	20	Perogies	Fresh Fruit	
Thurs	21	Chicken/Veggie - Burger	Fresh Fruit	
Fri	22	Ham & Cheese/Veggie Sandwich	Veggies and dip	
Mon	25	Pancakes with Bacon or fruit salad (veggies)	Yogurt and Granola	
Tue	26	Cheese Burger/Veggie Burger	Veggies and Dip	
Wed	27	Crispy Chicken/Chickpea Ceasar Wrap	Fresh Fruit	
Thurs	28	Spaghetti Meat/Veggie Sauce	Veggies and Dip	
Fri	29	Chipotle Chicken/Chickpea Wrap	Fresh Fruit	

Total: _____